

**Summary:** Tell the players that a Monster is coming to try to steal their pet ball and that they must keep it away from the Monster by dribbling it around the field (tell them they must stay inside the field). The Coach or a parent is the monster. Ideas: drag your leg like Frankenstein, make monster noises, make a face, and say things like "Don't let me get your ball!!" But don't actually scare them. The idea is just to have them try to get away. Don't catch the players, just have fun. This is a SoccerHelp.com practice game that is a drill.

**Set-up:**

1. A ball for every player.
2. Use disk cones or markers to make a square field about 10 steps by 10 steps (or smaller if you have only a few players).

**Teaches:**

1. "Control Dribbling"
2. The concept of a "field" and staying inside the lines ("in bounds") and that it's bad to go "out of bounds"
3. Controlling the ball while under pressure
4. Using peripheral vision
5. Looking up while dribbling
6. Dribbling in "traffic" with a lot of other players nearby